



## Comprehensive Care for Joint Replacement - CJR

Dear Patient,

If you are scheduled for a hip, knee or ankle **joint replacement** [not a re-do / revision], and you have **Medicare part A & part B**, please read this notification.

**The Center for Medicare Services** initiated a program for joint replacement which began in April 2016. This program is mandatory for many hospitals throughout the US. **Hoag Orthopedic Institute** is one of over 800 hospitals **mandated** to participate in the program.

The program is called **Comprehensive Care for Joint Replacement, or CJR**, and it is designed to measure and compare quality, surgical outcomes and costs for joint replacement, and to create better value for patients.

The CJR program's aim is to help your health team to work together to **improve quality of care and manage growing costs**. This can only be done with all parties, including **patients and their caregivers, working together**. One of the first steps is to communicate the program to our patients and caregivers.

The hospitals, physicians, therapists and skilled nursing facilities **work together** to bring standards of care in line with what has been **proven to work best** for patients with joint replacement, and have the flexibility to **adjust care plans** to meet each individual's needs **as necessary**.

One goal is to **reduce risks of complications from surgery** which in turn will **help improve function for our patients and reduce unnecessary costs**. To do this we need the patient and caregiver to participate in planning, and share in the decision-making process and preparation before surgery, and after surgery for the return home and beyond.

**Every patient will receive the medical care they *NEED* for successful outcomes.**

We rely on the patient and caregiver to:

- **Follow instructions** for pre-surgery, recovery and rehab
- Attend a **Joint Works Class** at the hospital prior to joint replacement surgery
- Weeks before surgery, **plan the return home** from the hospital
- **Report a problem** to the surgeon's office or Nurse Navigator, **as early as possible**
- In the event a patient needs to stay in a skilled nursing facility – understand that the **shorter the stay, the faster you can go back to living life**. An average of 5-7 days is expected and more days may be **NEEDED as determined by your physicians and healthcare team**.
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- **Follow the rehab/therapy protocols** to help get back to the best a patient can be – the patient has to do the work for the best recovery

Further inquiries; please contact your surgeon's office/surgery scheduler or one of the team at Hoag Orthopedic Institute

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Thank you from the team at Hoag Orthopedic Institute