

HIP PAIN (New Patient/New Problem/TOC)

NAME _____ AGE _____ DATE _____

OCCUPATION/FORMER OCCUPATION: _____

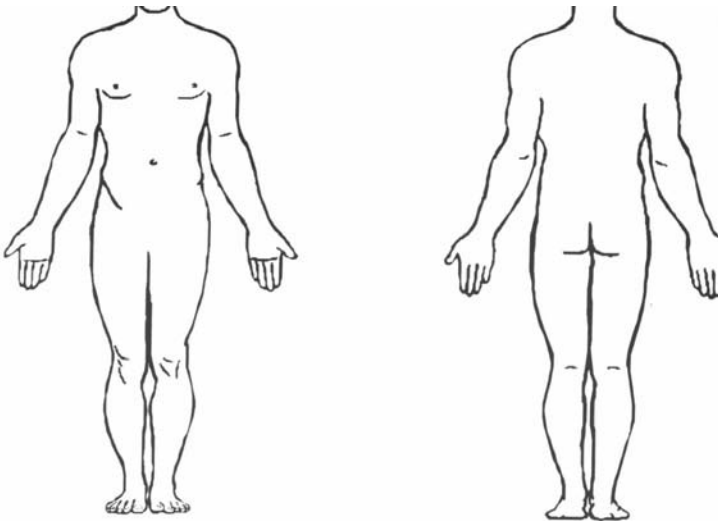
SIDE: LEFT / RIGHT / BOTH

DID YOU HAVE A SPECIFIC INJURY TO THE HIP? _____

DURATION OF SYMPTOMS _____ MONTHS _____ YEARS

LOCATION OF PAIN: GROIN SIDE THIGH BUTTOCK LOW BACK CALF

(circle areas of pain on the diagram below)



WHAT MAKES IT WORSE? (circle the all that apply).

- | | | |
|------------------------|-------------------|-------------------|
| Walking | Standing | Sitting |
| Getting up from a seat | Going up stairs | Going down stairs |
| Running | Twisting/Pivoting | |

DAILY PAIN LEVEL (1 mild-10 worst) _____ Pain at night? Y N Back Pain Y N

PAIN RATING:

Mild Moderate Severe Totally Disabling

DO YOU LIMP?

No Slightly Moderately Severely Unable to Walk

DO YOU REQUIRE ASSISTIVE DEVICES?

None Cane at Times Cane Full Time Walker Wheelchair

HOW FAR CAN YOU WALK?

Unlimited 6 Blocks 2-3 Blocks Indoor Only Unable

CAN YOU CLIMB STAIRS?

Normally Normally with the Rail One leg at a time Unable

CAN YOU PUT ON SOCKS AND SHOES?

With Ease With Difficulty Unable

CAN YOU SIT IN A CHAIR?

Any Chair for 1 hour High Chair for 1/2 hour Not at all comfortably

WHAT IS YOUR ACTIVITY LEVEL? (circle one)

Bedridden (Bedridden or confined to a wheelchair)

Sedentary (Minimal ambulation or activity)

Semi-sedentary (White collar, bench work, light cleaning)

Light labor (Heavy cleaning, assembly line, light sports, e.g. walking)

Moderate labor (Lifts <50 lbs. or moderate sports, e.g. walking, bicycling >3mi/5km)

Heavy labor (Frequently lifts 50-100 lbs., vigorous sports, e.g. singles tennis, racquetball)

HAVE YOU USED ANY OF THE FOLLOWING FOR YOUR HIP PAIN?

Steroid Injections Last Injection _____ How Many? _____

Physical Therapy How Long? _____

Anti-Inflammatory Medications (past & present - Aleve, Advil, Ibuprofen, etc) _____

Narcotic Pain Medication (past & present – Norco, Vicodin, Percocet, etc) _____

Previous Surgery on the HIP:

Surgery	Approximate Date	Surgeon and Facility