

NAME:AGE:	_ SEX: M/F DA'	ТЕ:_/_	_/ Occupation:	
Affected Knee (please circle):	Right		Left	
Do you have pain?	Yes	No	If yes, for how long?:	
Did you have a specific injury?	Yes	No	If yes, when? Date:	
Have you had recurrent injuries?	Yes	No	If yes, how many?:	_
Did you injure your knee playing sports?	Yes	No	If yes, sport?:	_
Does or has your knee given out?	Yes	No	If yes, number of times:	_
Does your knee swell?	Yes	No	How often?	
On a scale of 1-10, how severe is your pain at	worst?			

Please briefly describe the injury and activity at the time of the original injury and currents symptoms:

What are your most common physical activities?

Do you have pain going up or down stairs, or squatting?	? Yes	No	Right Left
Where do you have pain in the knee-please circle (front		inside, c	
Does your knee feel stiff after sitting?	Yes	No	
Does your knee lock?	Yes	No	
Does your knee give out or feel unstable?	Yes	No	(a)
Does your knee click or pop?	Yes	No	NZ SA
Do you have pain with twisting type activities?	Yes	No	
Have the medications helped? Have you tried icing your knee?	Yes Yes	No No	
Have you done physical therapy for your knee?	Yes	No	
Have you had knee surgery?	Yes	No	
Has your knee been injected?	Yes	No	With what/when?
Did the injections help?	Yes	No	If so, for how long?
If yes, please describe what was performed and when:			

Do you have any numbress or tingling?