

MRN #: \_\_\_\_\_



**FOOT/ANKLE (New Patient/New Problem)**

NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX M / F DATE \_\_\_\_\_

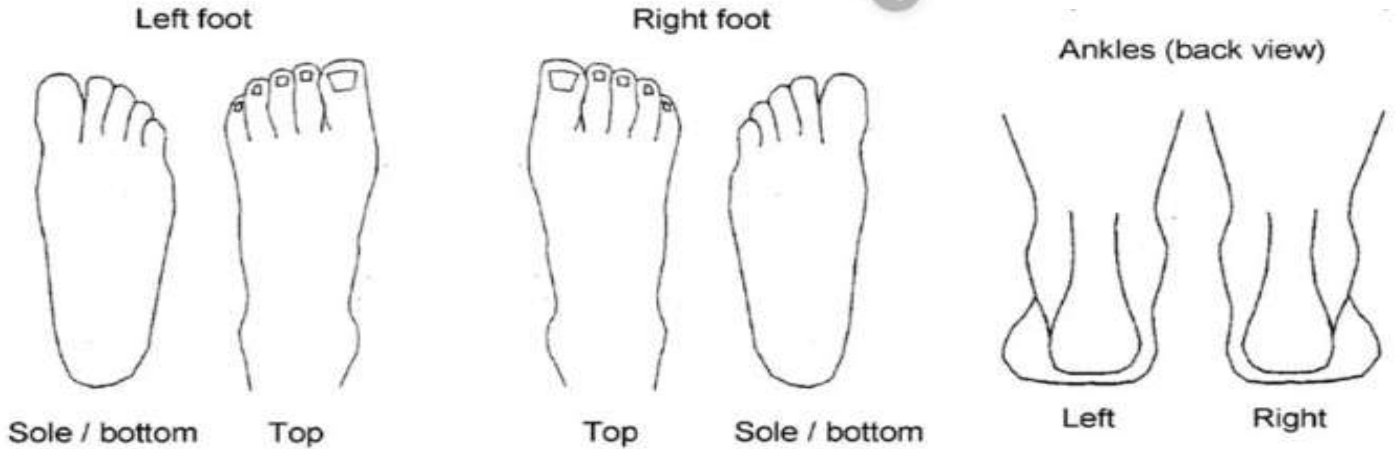
OCCUPATION/FORMER OCCUPATION: \_\_\_\_\_

IS THIS A WORK RELATED INJURY/WORKMAN'S COMPENSATION CLAIM: YES / NO

SIDE: LEFT / RIGHT / BOTH

LOCATION OF PAIN: FOOT/ANKLE / BOTH

(Be as specific as possible: place an X on the one spot of maximal tenderness, circle the areas of concern)



WHAT IS YOUR CURRENT PAIN? (Please circle the number/range of numbers that describes your pain today)

0	1	2	3	4	5	6	7	8	9	10
None		Mild			Moderate			Severe		Worst pain imaginable

HOW FREQUENT IS YOUR PAIN? Occasional (monthly) intermittent (weekly) frequent (daily) Constant

WHAT TYPE OF PAIN DO YOU HAVE? Sharp Dull Aching Stabbing Electrical

DID YOU HAVE A SPECIFIC INJURY TO THE FOOT OR ANKLE? YES / NO DATE \_\_\_\_\_

IF YES PLEASE PROVIDE A SHORT DESCRIPTION OF THE INJURY \_\_\_\_\_

WHAT MAKES YOUR SYMPTOMS BETTER? \_\_\_\_\_

WHAT MAKES IT WORSE? \_\_\_\_\_

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**HAVE YOU USED ANY OF THE FOLLOWING FOR YOUR SYMPTOMS?**

- Steroid Injections      Last injection (mo/year) \_\_\_\_\_      How many injections total? \_\_\_\_\_
- Physical Therapy      How many weeks? \_\_\_\_\_      When was your last session? (Mo/year) \_\_\_\_\_
- Anti-Inflammatory Medications (past & present - Aleve, Advil, Ibuprofen, etc) \_\_\_\_\_
- Narcotic Pain Medication (past & present – Norco, Vicodin, Percocet, etc) \_\_\_\_\_
- Previous Surgery on the foot and ankle (list below):

Surgery	Approximate Date	Surgeon and Facility

**ANY INFECTION, SLOW WOUND HEALING, OR ANTIBIOTIC GIVEN AFTER THE ABOVE PROCEDURES?**

YES / NO / Not applicable / other complications \_\_\_\_\_

**DO YOU HAVE ANY OF THE MEDICAL CONDITIONS BELOW?**

- Diabetes                      Rheumatoid Arthritis                      Congestive Heart Failure
- Lupus                        Other Autoimmune Disease                      History of Blood Clots (DVT/PE)

**ARE YOU TAKING BLOOD THINNNERS? YES / NO IF SO, WHAT TYPE?**

\_\_\_\_\_

**DO YOU HAVE NEUROPATHY OR NUMBNESS IN YOUR FEET? YES / NO**

**DO YOU HAVE OSTEOPOROSIS? YES / NO IF YES, WHAT TREATMENTS?**

\_\_\_\_\_

**DO YOU SMOKE: YES / NO**

If so, how much (packs/day)? \_\_\_\_\_

**DO YOU REQUIRE ASSITIVE DEVICES?**

- None                      Cane at Times                      Cane Full Time                      Walker                      Wheelchair

**HOW FAR CAN YOU WALK?**

- Unlimited                      6Blocks                      2-3Blocks                      Indoor Only                      Unable

**CIRCLE ALL OF THE FOLLOWING ACTIVITIES YOU ARE ABLE TO DO RIGHT NOW?**

- Stand      Walk Jog      Run      Drive Climb      Sports

**WHERE DO YOU CURRENTLY LIVE**

- Home                      Skilled Nursing Facility                      Acute Rehabilitation Center                      Assisted Living

**DO YOU HAVE SUPPORT AT HOME? YES / NO IF YES, FROM WHO? \_\_\_\_\_**