**Understanding Fracture Care: A Patient Guide**

If you've broken a bone, you’ll likely need **fracture care** — specialized treatment provided by an orthopedic provider to help the bone heal properly.

**1st step: Initial Fracture care typically includes:**

* **Diagnosis**  
  Your provider will examine the injury and take X-rays to determine the location and severity of the break.
* **Realignment (Reduction)**  
  If the broken pieces of the bone aren’t lined up correctly, your provider may need to move them back into position.
  + A *closed reduction* means this is done without surgery.
  + An *open reduction* means surgery is required to align the bone properly.
* **Stabilization**  
  To hold the bone in place while it heals, a cast, splint, or brace is usually used. In some cases, metal plates, rods, or pins may be needed.

**2nd step: Follow-up care**  
You’ll return for checkups and X-rays to ensure the bone is healing as expected.

**3rd step:Rehabilitation**  
Once the bone heals, physical therapy may be needed to restore strength, flexibility, and function. You will receive a referral to a provider for these services.

*Initial Fracture care is billed as a complete treatment plan, meaning you won’t be charged separately for each individual service.*

*Follow-up care and Rehabilitation services are billed separately.*